

2010 - CHILDREN'S HEALTH & MEDICAL CALENDAR

箕輪町役場
MINOWA TOWN

EXAMS

4 MONTHS EXAM (afternoon)

DATE of EXAM			BORN IN	
2010	Apr	6 (Tue)	2009	December
	May	11 (Tue)	2010	January
	Jun	1 (Tue)	2010	February
	Jul	6 (Tue)	2010	March
	Aug	17 (Tue)	2010	April
	Sep	7 (Tue)	2010	May
	Oct	5 (Tue)	2010	June
	Nov	2 (Tue)	2010	July
	Dec	7 (Tue)	2010	August
2011	Jan	18 (Tue)	2010	September
	Feb	1 (Tue)	2010	October
	Mar	1 (Tue)	2010	November

7MONTHS EXAM (morning)

DATE of EXAM			BORN IN	
2010	Apr	27 (Tue)	2009	September
	May	27 (Thu)	2009	October
	Jun	24 (Thu)	2009	November
	Jul	29 (Thu)	2009	December
	Aug	31 (Tue)	2010	January
	Sep	30 (Thu)	2010	February
	Oct	28 (Thu)	2010	March
	Nov	30 (Tue)	2010	April
	Dec	21 (Tue)	2010	May
2011	Jan	25 (Tue)	2010	June
	Feb	24 (Thu)	2010	July
	Mar	29 (Tue)	2010	August

10 MONTHS EXAM (morning)

DATE of EXAM			BORN IN	
2010	Apr	16 (Fri)	2009	June
	May	21 (Fri)	2009	July
	Jun	18 (Fri)	2009	August
	Jul	16 (Fri)	2009	September
	Aug	20 (Fri)	2009	October
	Sep	17 (Fri)	2009	November
	Oct	15 (Fri)	2009	December
	Nov	19 (Fri)	2010	January
	Dec	17 (Fri)	2010	February
2011	Jan	21 (Fri)	2010	March
	Feb	18 (Fri)	2010	April
	Mar	18 (Fri)	2010	May

1 YEAR EXAM (afternoon)

DATE of EXAM			BORN IN	
2010	Apr	13 (Tue)	2009	April
	May	18 (Tue)	2009	May
	Jun	15 (Tue)	2009	June
	Jul	20 (Tue)	2009	July
	Aug	10 (Tue)	2009	August
	Sep	14 (Tue)	2009	September
	Oct	19 (Tue)	2009	October
	Nov	17 (Wed)	2009	November
	Dec	15 (Wed)	2009	December
2011	Jan	12 (Wed)	2010	January
	Feb	15 (Tue)	2010	February
	Mar	15 (Tue)	2010	March



1 YEAR & 6 MONTHS EXAM(afternoon)

DATE of EXAM			BORN IN	
2010	Apr	7 (Wed)	2008	September
	May	10 (Mon)	2008	October
	Jun	2 (Wed)	2008	November
	Jul	2 (Fri)	2008	December
	Aug	4 (Wed)	2009	January
	Sep	1 (Wed)	2009	February
	Oct	1 (Fri)	2009	March
	Nov	5 (Fri)	2009	April
	Dec	3 (Fri)	2009	May
2011	Jan	7 (Fri)	2009	June
	Feb	7 (Mon)	2009	July
	Mar	4 (Fri)	2009	August

2YEARS EXAM (afternoon) (target birth 2 years & 3 months)

DATE of EXAM			BORN IN	
2010	Apr	22 (Thu)	2008	January
	May	17 (Mon)	2008	February
	Jun	22 (Tue)	2008	March
	Jul	26 (Mon)	2008	April
	Aug	26 (Thu)	2008	May
	Sep	27 (Mon)	2008	June
	Oct	26 (Tue)	2008	July
	Nov	29 (Mon)	2008	August
	Dec	20 (Mon)	2008	September
2011	Jan	24 (Mon)	2008	October
	Feb	23 (Wed)	2008	November
	Mar	22 (Tue)	2008	December

3 YEARS EXAM (afternoon)

DATE of EXAM			BORN IN	
2010	Apr	8 (Thu)	2007	March
	May	13 (Thu)	2007	April
	Jun	10 (Thu)	2007	May
	Jul	12 (Mon)	2007	June
	Aug	12 (Thu)	2007	July
	Sep	9 (Thu)	2007	August
	Oct	13 (Wed)	2007	September
	Nov	11 (Thu)	2007	October
	Dec	9 (Thu)	2007	November
2011	Jan	13 (Thu)	2007	December
	Feb	2 (Wed)	2008	January
	Mar	14 (Mon)	2008	February

BABY CLASS DOORS

Baby Food Class① <target age 5.6 months> (with reservation)

Date			BORN IN	
2010	May	28 (Fri)	2009	Nov - Dec
	Jul	30 (Fri)	2010	Jan - Feb
	Sep	29 (Wed)	2010	Mar - Apr
	Nov	26 (Fri)	2010	May - Jun
2011	Jan	28 (Fri)	2010	Jul - Aug
	Mar	25 (Fri)	2010	Sep - Oct

Baby Food Class② <target age 7.8 months> (with reservation)

Date			BORN IN	
2010	Apr	28 (Wed)	2009	August
	May	26 (Wed)	2009	September
	Jun	30 (Wed)	2009	October
	Jul	28 (Wed)	2009	November
	Aug	27 (Fri)	2009	December
	Sep	28 (Tue)	2010	January
	Oct	29 (Fri)	2010	February
	Nov	25 (Thu)	2010	March
	Dec	22 (Wed)	2010	April
2011	Jan	26 (Wed)	2010	May
	Feb	25 (Fri)	2010	June
	Mar	24 (Thu)	2010	July

Baby Food Class③ <target age 9.10 months> (with reservation)

Date			BORN IN	
2010	Apr	23 (Fri)	2009	July
	May	25 (Tue)	2009	August
	Jun	25 (Fri)	2009	September
	Jul	23 (Fri)	2009	October
	Aug	25 (Wed)	2009	November
	Sep	22 (Wed)	2009	December
	Oct	27 (Wed)	2010	January
	Nov	18 (Thu)	2010	February
	Dec	16 (Thu)	2010	March
2011	Jan	20 (Thu)	2010	April
	Feb	22 (Tue)	2010	May
	Mar	23 (Wed)	2010	June

Health Counseling for Children(morning・reservation)

Date of Counseling			
2010	Apr	5	19
	May	10	24
	Jun	7	21
	Jul	5	20
	Aug	9	23
	Sep	6	21
	Oct	4	18
	Nov	1	22
	Dec	6	20
2011	Jan	4	17
	Feb	7	21
	Mar	7	22

Breastfeeding Counseling(morning・reservation)

Date of Counseling			
2010	Apr	14 (Wed)	
	May	21 (Fri)	
	Jun	18 (Fri)	
	Jul	16 (Fri)	
	Aug	20 (Fri)	
	Sep	17 (Fri)	
	Oct	15 (Fri)	
	Nov	19 (Fri)	
	Dec	17 (Fri)	
2011	Jan	21 (Fri)	
	Feb	18 (Fri)	
	Mar	18 (Fri)	

Child Care Counseling

* Child's growth, mental and physical development, child care and other counseling

* Advices are provided by professional counselor. Please feel free to consult us.

* Please contact and make reservation by phone.

※Please note that the schedule is subject to change.
In case of absence, please contact us on the morning of the day.
Appointment will be changed to next data based on calendar.

National Health Insurance and Social Welfare Division Health Promotion Section
tel 79-3111 (central access number) 79-3118 (direct)

DENTAL POLYMERIZING

2010 - CHILDREN'S HEALTH & MEDICAL CALENDAR

VACCINATION

P O L I O

Data			
2010	Apr	28	(Wed)
	May	6	(Thu)
		7	(Fri)
		11	(Tue)
	12	(Wed)	
14	(Fri)		
2010	Sep	29	(Wed)
	30	(Thu)	
	Oct	6	(Wed)
		7	(Thu)
		12	(Tue)
15	(Fri)		

B C G

Data				Born in		
2010	Apr	23	(Fri)	2009	Dec	
	May	28	(Fri)	2010	Jan	
	Jun	24	(Thu)	2010	Feb	
	Jul	28	(Wed)	2010	Mar	
	Aug	27	(Fri)	2010	Apr	
	Sep	3	(Fri)	2010	May	
	Oct	29	(Fri)	2010	Jun	
	Nov	26	(Fri)	2010	Jul	
	Dec	21	(Tue)	2010	Aug	
	2011	Jan	28	(Fri)	2010	Sep
		Feb	25	(Fri)	2010	Oct
		Mar	9	(Wed)	2010	Nov

D P T

Data			
2010	Apr	14	(Wed)
		16	(Fri)
		20	(Tue)
Jun	11	(Fri)	
	15	(Tue)	
	16	(Wed)	
Jul	9	(Fri)	
	13	(Tue)	
	14	(Wed)	
Aug	11	(Wed)	
	18	(Wed)	
	20	(Fri)	
Sep	10	(Fri)	
	15	(Wed)	
	17	(Fri)	
Nov	12	(Fri)	
	16	(Tue)	
	19	(Fri)	
Dec	10	(Fri)	
	14	(Tue)	
	17	(Fri)	
2011	Jan	11	(Tue)
		14	(Fri)
		17	(Mon)
Feb	9	(Wed)	
	15	(Tue)	
	16	(Wed)	
Mar	11	(Fri)	
	16	(Wed)	
	18	(Fri)	

Child Immunizations ~Types & How to Take Them~

Group Vaccinations		Public Health Center		
Vaccine	Infectious Disease	Type	Target Age (Standard Vaccination Age)	Number of Times
BCG	Tuberculosis	Live Vaccine	After birth~6 months old (3~6months after birth)	1
Polio	Acute Poliomyelitis (Infantile Paralysis)	Live Vaccine	3months~7½years after birth (3months~1½years old)	Twice at intervals of 6 weeks more
DPT	Diphtheria Pertussis • Tetanus	Inactivated Vaccine	3months~7½years after birth (3months~2years after birth)	Stage I 3 times at intervals of 3~8 weeks Stage II Additional Once in 12~18months after complete the 3rd dose of period

※DPT vaccine, is given after 6 months years old

Individual Vaccinations		Administered in Clinics & Hospitals		
Vaccine	Infectious Disease	Type	Target Age (Standard Vaccination Age)	Number of Times
Measles Rubella (Combined)	Measles Rubella	Live Vaccine	1~2years old	1
			5~7years old (1 nose in the one-year period before entering elementary school)	1

Before getting your child vaccinated!!

- Vaccinations cannot be administered if body temperature is over 37.5° C.
- No child being treated with a medication should receive the vaccine. Wait at least 3 days after the medication is finished. Please consult the child's doctor before vaccination, if your child is currently receiving medication for any illness.
- 「Measles • Rubella • Chicken Pox • Mumps」 4 weeks after the disease has been cured. If the child has been in contact with brother/sister or close friend who have contracted any contagious disease, the child should wait the incubation period.
- In case of absence, please contact us on the morning of the day. Please, consult the date of the next vaccine.
Currently, due to the postponement of vaccination new Preliminary Vaccination Form, are not sent. So please, use the same form, only the date will be changed.

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* A fee will be required for BCG vaccination, above 6 months old.

※Note: The Vaccination Schedule could be changed.
Inquire with the Social Welfare for more details Children's Health Exam • Vaccination